Name and Register Number:			Class:
	()	



SENG KANG SECONDARY SCHOOL MID-YEAR EXAMINATION 2019

ENGLISH LANGUAGE SECONDARY THREE EXPRESS

1128/01 3 May 2019

Paper 1 Writing

1 hour 50 minutes

INSERT

READ THESE INSTRUCTIONS FIRST

This Insert contains Section A.

Write your answers in the spaces provided.

Submit the completed Section A separately.

Parent's / Guardian's Signature:

This document consists of 2 printed pages and 0 blank pages.

2

Section A [10 marks]

Carefully read the text below, consisting of 12 lines, about the endangered vultures. The first and last lines are correct. For eight of the lines, there is <u>one</u> grammatical error in each line. There are two more lines with no errors.

If there is NO error in a line, put a tick ($\sqrt{}$) in the space provided. If the line is <u>incorrect</u>, circle the incorrect word and write the correct word in the space provided. The correct word you provide must not change the original meaning of the sentence.

Examples:

actually offer the vital service by feasting on decaying flesh, protecting us from diseases spread by rotten meat and saving us the expense for cleaning 3. 4. it up. In other words, they were natural cleaners. Their ability to eliminate bacteria is useful, if not crucial, in countries such as India, where cattle are 5. valuable asset and are kept until they die of natural causes. As eating beef 6. is not accepting in much of this subcontinent on religious grounds, vultures 7. have perform an important role in disposing of dead cattle. However, there 8. ************** are no longer enough birds to do this effectively but the consequences are 9. 10. significant: an estimated 65 million cattle die in India each year, and must be

properly disposed of. Now, it is a tough battle to save the birds.

Name and Register Number:		Class:
	()	



SENG KANG SECONDARY SCHOOL MID-YEAR EXAMINATION 2019

ENGLISH LANGUAGE SECONDARY THREE EXPRESS

1128/01

3 May 2019

Paper 1 Writing

1 hour 50 minutes

Additional Materials: Answer Paper

Insert

READ THESE INSTRUCTIONS FIRST

Write your register number and name on all the work you hand in.
Write in dark blue or black pen on both sides of the paper.
Do not use staples, paper clips, highlighters, glue or correction fluid.

Answer Section A, Section B and one question from Section C.

Section A is an Insert.

For **Section A**, write your answers in the spaces provided on the Insert.

For **Section B** and **Section C** write your answers on the separate Answer paper provided.

At the end of the examination, hand in Sections A, B and C separately.

The number of marks is given in the brackets [] at the head of the section.

For Examiner's use			
Section A	/ 10		
Section B	/ 30		
Section C	/ 30		
Total	/ 70		

Parent's / Guardian's Signature:

This document consists of 4 printed pages and 1 Insert.

Section B [30 marks]

You are advised to write between 250 and 350 words for this section.

You should look at the printout of the brochure on page 3, study the information carefully and plan your answer before beginning to write.

Every year, your school hosts students from China as part of its cultural exchange programme. Your Principal has asked you to plan an educational and fun day trip for the teachers and students who will be coming to Singapore in term 3. You have seen a brochure detailing three places of interest you can consider for the day trip. As the President of the Student Council, you have been tasked to submit a proposal to the Principal.

In your proposal, you should:

- · give the date and time for the day trip
- · suggest one out of the three places of interest for the day trip
- give reasons to explain why this place of interest will be educational and fun for both teachers and students
- explain briefly how you plan to organise the day trip.

You may add any other details you think will be helpful.

Write your proposal to your Principal in clear, accurate English. Your tone should be persuasive and polite, showing your enthusiasm for this day trip.

You should use your own words as much as possible.

3 Enriching Places to Visit in Singapore

#1 Gardens by the Bay

Flower Dome and Cloud Forest



Be captivated by a man-made waterfall, which cascades 35 metres from the top of a densely vegetated centrepiece, and admire flora from various regions around the world in nine different gardens.

Super Tree Grove



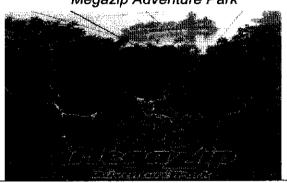
Take in the mesmerising vistas over the garden as you walk among the supertrees on the viewing walkway. Come at night and catch the 15-minute light show!

#2 Sentosa Island

Fort Siloso



Like history? Take a step back in time and find out how Fort Siloso protected Singapore for over 100 years. Take a guided trail to see the different types of guns and cannons on display at the fort. Megazip Adventure Park



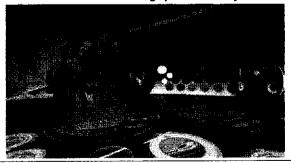
Are you an adrenaline junkie? Try out the many heart-pounding activities like the famous 450 metres long Flying Fox, trampoline, high ropes adventure course and bungee jump.

#3 Marina Barrage

The Green Roof



Head up to the sprawling rooftop park to enjoy unrivalled views of the city skyline while having a picnic under the sky. You can even fly a kite there with your loved ones! Sustainable Singapore Gallery



Learn about Singapore's water challenges, water management strategies and the features of Marina Barrage through interactive panels, multisensory exhibits and interesting artefacts.

ITurn Over

4

Section C [30 marks]

Begin your answer on a fresh page.

You are advised to write between 350 and 500 words on one of the following topics.

At the head of your composition, write the number of the topic you have chosen.

- Write about a time when you had to resolve a conflict. What did you learn about yourself through this incident?
- 2 'Better late than never.' Write about some of the occasions when you found this to be true.
- 3 'Not much has been done to support the elderly in Singapore.' Do you agree?
- 4 'Technology has made learning more enjoyable.' What are your views?

END OF PAPER

Name and Register Number:		Class:
	()	



SENG KANG SECONDARY SCHOOL MID-YEAR EXAMINATION 2019

ENGLISH LANGUAGE SECONDARY 3 EXPRESS

Paper 2 Comprehension

INSERT

1128/02 07 May 2019 1 hour 50 minutes

READ THESE INSTRUCTIONS FIRST

This Insert contains Text 1, Text 2 and Text 3.

Parent's / Guardian's Signature:	***************************************
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This document consists of 6 printed pages.

[Turn over

Section A

Text 1

Study the poster below and answer Questions 1-4 in the Question Paper.



https://community.starhub.com/t5/Contests/SG50-Video-Competition-in-partnership-with-ITE/td-p/119150

Section B

Text 2

The text below is about a young couple who head to the woods for a peaceful holiday but meet with an unexpected turn of events. Read it carefully and answer Questions 5-16 in the Question Paper.

- They had had too much of people, and too much of city hubbub, and even too much at last of the books and papers and the pursuit of ideas which made up their usual lives. Now in the high country of pine and mountain, they revelled in simplicities. She was awed by the craggy perfection of rock upon rock, mounting in dazzling angles and planes of its own building. She marvelled at the hard cirque of peaks rearing and knifing upward into the great magnanimous sky. She stood dazed under the intensity of light that raked that stretching sky, moving with the earth's turning from silvered white mornings to brassy noons and on into the incomparable purple nights.
- But Allen was at home here. He was changed, but he was at home. The wild place seemed to awaken a wildness in him. As if he were a creature native to mountain country, he drew the energy of the place into himself. Earlier, in the emerging light of the new day, he sprung from sleep. His face was ruddy from sunburn. All day he roamed, skipping stones at the river's wild surface, and by the time he turned back to camp even he was limply weary. As for Laurie, she was tired, sore, exasperated with weariness even after the long night's sleep. He knelt beside her, holding a plastic mug near her face so that the fragrant steam of coffee rose up about her. "Why do you get up so early?" Laurie murmured and smiled. "Early? Why, it's day, Laurie. Look at that, the sun's already up." He swept one arm in a wide area, spreading out the golden world for her view. "We have to start, Laurie."
- "You go," Laurie said quietly. "I'll stay here and read and sleep." He looked at her sharply, and then, as if he had been released, he said, "All right," breathed deeply of the sharp air, pulled his arms back like creaky hinges, stretched, and grinned. She lay under the arch of pine and waited for the sun's light to touch the morning air with warmth. She listened to the stream tumbling within its rock walls, to the stirrings and twitterings of the small, dun-coloured birds that invaded the camp clearing.
- She took a book, went to the stream's edge and sat down upon a large, smooth ledge, resting her back against a great rock. She could not read. She was greatly conscious of her loneliness and greatly conscious of ancient dominance of the place in which she silently sat. She felt quite lost, lost from the sense of herself, as if in the presence of such largeness there was neither possibility of, nor need for, human significance. There was no sound but that of the rushing river, no motion but that of water that poured through its rock bed in such furious purity. The sun's vertical heat struck through her entirely. The unread book fell from her hand. She slept.
- But all at once, abruptly, as if she had heard someone call, she knew someone was near. As if she had even heard the sound of that imagined call, she turned her head slowly, immediately, accurately, in the direction where he was. The strange man stood directly across the stream from her. A tall man. Extraordinarily

[Turn over

10

15

tall. Narrow, knife-sharp face. Skin as dark as bark, sun-browned. Red beard. A crooked straw hat on his head. His long, ropey arms were stretched over the stream to the leaning of his pole. A creel over his shoulder. A fisherman. And he stood right across the chasm of water, not more than twenty feet away. Twenty feet from where Laurie sat alone in her rocky tub. She closed her eyes. Where had he come from? How had he got there? They had been there four days. They had seen no one else. Not a sign of anyone else. And Allen. Allen had said he had never seen anyone else up there. He had promised her privacy, hadn't he? Laurie stared across the green and white rushing water at the bearded stranger. From beneath the brim of his straw hat his eyes flashed darkly out at her. His smile struck abruptly, a dazzling whiteness in the bark-darkness of his face.

45

50

She ought to go, she thought. She ought to disappear. But escape did not seem possible. She felt bound to the rock on which she sat, and where in all that openness of land could she find one safe spot in which to hide? She froze.

55

Adapted from "Mountain Man, Mountain Man" by Mary Hedin

Section C

Text 3

The text below is about effects of drinking energy drinks. Read it carefully and answer Questions 17-22 in the Question Paper.

- 1 Energy drinks belong to a class of products, in liquid form, that typically contain caffeine, with or without other added dietary supplements. Energy drinks are designed to give an "energy boost" to the drinker by a combination of stimulants and energy boosters. The major constituent in most energy drinks is caffeine. Most of the brands on the market contain large amounts of glucose while some 5 brands offer artificially sweetened versions.
- The first energy drink appeared in the United States in 1949. Since then, the energy drink market has grown dramatically, with various brands released worldwide. The annual consumption of energy drinks in 2013 exceeded 5.8 billion litres in around 160 countries. Manufacturers recently have shifted their consumer focus from athletes to young people and are aggressively marketing them to teens and young adults. Approximately, two thirds of energy drink consumers are 13–35 years old, and boys are two thirds of the market.
- Currently, significant concerns have been raised about the safety of these products. There have been several reports that showed adverse health effects associated with energy drink. Despite this, manufactures of energy drinks claim these products are suitable for consumers and that they are safe. In fact, the adverse health effects associated with energy drink remains controversial among scientists. There are limited comprehensive literature reviews that illustrate in detail the suitability and safety related to energy drink consumption, particularly among young adults.
- 4 Several studies have shown an increase in heart rate and arterial blood pressure after energy drink consumption. In addition, significant cardiac related issues have been documented following energy drink overconsumption. Recently, energy drink consumption has been related to heart attacks in healthy 17-and 19-year-old boys. This observation has been supported by the findings that consuming energy drinks reduces the body's ability to circulate blood.-Recent reports have demonstrated a relationship between energy drink overconsumption the rupturing of large arteries.
- 5 Energy drinks usually contain large amounts of sugar ranging from 21 g to 34 g per oz. The sugar content is mainly in the form of sucrose, glucose or high fructose corn syrup. Therefore, high energy drink intake may increase the risk of obesity and type 2 diabetes. In addition, the high sugar content in energy drinks may reduce the activity, diversity and gene expression of intestinal bacteria resulting in increased risk of obesity and the metabolic syndrome.
- Apart from the physical effects on the body, the individual also suffers neurological and psychological effects. Individuals usually develop symptoms of caffeine intoxication in doses equal to or above 200 mg. Symptoms include anxiety, insomnia, gastrointestinal upset, muscle twitching, restlessness, and periods of inexhaustibility. In addition, high caffeine intake is associated with acute and chronic daily headaches. Four caffeine-induced psychiatric disorders have been recognised and they are caffeine intoxication, caffeine-induced

[Turn over

15

20

anxiety, caffeine-induced sleep disorder and caffeine related disorder. A study of adolescents between 15- and 16-years-of age demonstrated a strong correlation between caffeine intake and violent behaviour as well as conduct 45 disorders.

Energy drinks may show positive beneficial effects on exercise performance in 7 various sport activities. However, while energy drinks might benefit performance, possible detrimental health problems have been documented, particularly amongst children and adolescents. Various parts of the body are negatively affected by energy drink consumption. Considering this fact and the increasing popularity of these drinks, caution should be exercised while consuming energy drinks. Overambitious marketing and non-scientific claims should be regulated by governments until independent studies confirm that that these products are safe.

50

Adapted from: https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4682602/

Name and Register Number:		Class:	
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SENG KANG SECONDARY SCHOOL MID-YEAR EXAMINATION 2019

ENGLISH LANGUAGE SECONDARY 3 EXPRESS

1128/02 07 MAY 2019

Paper 2 Comprehension

1 hour 50 minutes

Candidates answer in the Question Booklet.

Additional Materials: Insert

READ THESE INSTRUCTIONS FIRST

Write your register number and name on all the work you hand in.
Write in dark blue or black pen on both sides of the paper.
Do not use staples, paper clips, highlighters, glue or correction fluid.

Answer all questions.

Write your answer in the spaces provided in the Question Booklet. The Insert contains the texts for all the sections.

The number of marks is given in the brackets [] at the head of the section.

For Examiner's use			
Section A	/5		
Section B	/ 20		
Section C	/ 25		
Total	/ 50		

Parent's / Guardian's Signature: .	
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This document consists of 8 printed pages and 1 Insert.

2

Section A [5 marks]

Text 1

Refer to the poster (Text 1) on page 2 of the Insert for Questions 1 to 4.

1	who might find the poster interesting?	
		[1]
2	What do the organisers hope to achieve by creating this poster?	
	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	[1]
		1.1
3	How does the table containing information about the prizes support the purpose of the poster?	
		[2]
4	How has the organisers made signing up for this competition convenient for interested	
•	participants?	
		[41

3

Section B

Text 2

Refer to Text 2 on page	s 3-4 of the	Insert for	Questions	5-16
-------------------------	--------------	------------	-----------	------

5	at las	had had too much of people, and too much of city hubbub, and even too much tof the books and papers and the pursuit of ideas which made up their usual (lines 1-3)	
	What	is the effect of the repetition of the phrase "too much"?	
			[4]
	******		[1]
6	out a	beginning of the text, the young lady was mesmerised by the surroundings. Pick and write down three expressions from lines 4-9 and explain in each case the cteristic that makes the surroundings mesmerising.	
	(i)		
	(ii)		
		,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	
	(iii)		
			[3]
7	What appea	does the word "knifing" (line 6) suggest about the way the mountain peaks ared?	
	,,,,,,,		
			[1]
8	"Earli	er, in the emerging light of the new day, he sprung from sleep" (lines 12-13).	
	What	is the writer trying to tell us about how Allen was feeling?	

	******		יסז
			[2]

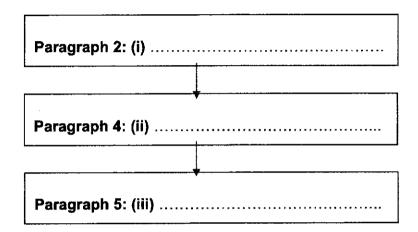
9	From Paragraph 2, explain fully why Allen "swept one arm in a wide area".	
		[2]
		[4]
10	Which word in Paragraph 3 suggests that the birds were unwelcomed visitors?	
		[1]
11	In Paragraph 3, the writer compares the pulling back of Allen's arms to "creaking hinges".	
	Why is this comparison effective?	
		[1]
12	From Paragraph 4, give any two reasons why Laurie could not read her book.	
		[2]
13	What is unusual about the phrase "furious purity" (lines 35-36)?	
		[1]
14	In Paragraph 5, the writer uses short sentences to describe the strange man.	
	What effect is the writer trying to create by this?	
		[4]
	······································	[1]
15	In your own words, explain why "escape did not seem possible" for Laurie? (lines 53-54)	
		[2]

The structure of the text reflects the main stages in the narrative. Complete the 16 flowchart by choosing one phrase from the box to summarise the main focus of each stage of the narrative. There are some extra words in the box you do not need to use.

Main Focus

Recuperating from adventures	Anticipating an escape	Becoming passionate	
Growing solitude	Escaping from hectic lives	Intensifying thoughts	

Flow Chart



[3]

6

Section C [25 marks]

Text 3

Refer to Text 3 or	pages 5	6 of the	Insert for	Questions	17-22.
--------------------	---------	----------	------------	-----------	--------

17	(i) According to Paragraph 1, what effect is the energy drink supposed to have on the drinker?	
		[1]
	(ii) How is this effect achieved?	
		[1]
18	Which two consecutive words in Paragraph 1 tell us that energy drinks are largely made up of caffeine?	
		[1]
19	How do we know that young people did not use to be the target audience of the manufacturers of energy drinks? Answer in your own words.	
		[2]
20	(a) Which word in Paragraph 3 tells you that it remains debatable if energy drinks are good for our health?	
	(b) Why is it debatable?	[1]
	(b) Villy to it debatable:	[1]

Ross

Regardless of its benefits,

the government needs to regulate the energy drink manufacturers.

21 Here is part of a conversation between Kyle and Ross.

Energy drinks can

benefit the drinker.

Kyle

22

(i)	Identify one example from Paragraph 7 Kyle		•
(ii)	Give two reasons why Ross feels that the energy drink manufacturers.	e government needs	to regulate
			ro
	y your own words as far as possible, summ imption.	narise the effects of e	nergy drink
Use o	only information from paragraphs 4 to 6 of T	Text 3	
	summary must be in continuous writing (not r 30 words (not counting the words given to help		t be longer
		Content	/8
		Summary Style	/7
		TOTAL	/15
One o	of the effects of consuming energy drink may inc	slude	

······································	
•••••••••••••••••••••••••••••••••••••••	
No. of words:	
TO. OI WOIGS.	[15]

END OF PAPER

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DO NOT PRINT – ANSWER KEY

Vultures, with their big, ungainly wings, beaky faces and fondness for		
scavenging on dead meat, has a terrible, undeserved reputation. These birds	1.	have (SVA)
actually offer the vital service by feasting on decaying flesh, protecting us	2.	a (art)
from diseases spread by rotten meat and saving us the expense for cleaning	3.	of (prep)
it up. In other words, they were natural cleaners. Their ability to eliminate	4.	are (tense)
bacteria is useful, if not crucial, in countries such as India, where cattle are	5.	No error
valuable asset and are kept until they die of natural causes. As eating beef	6.	assets (plural)
is not accepting in much of this subcontinent on religious grounds, vultures	7.	acceptable (WF)
have perform an important role in disposing of dead cattle. However, there	8.	performed (WF)
are no longer enough birds to do this effectively but the consequences are	9.	and (connector)
significant: an estimated 65 million cattle die in India each year, and must be	10.	No error
properly disposed of. Now, it is a tough battle to save the birds.		

Name and Register Number:			Class:
	()	



SENG KANG SECONDARY SCHOOL MID-YEAR EXAMINATION 2019 ANSWER SCHEME

ENGLISH LANGUAGE SECONDARY 3 EXPRESS

1128/02 07 MAY 2019

Paper 2 Comprehension

1 hour 50 minutes

Candidates answer in the Question Booklet.

Additional Materials: Insert

READ THESE INSTRUCTIONS FIRST

Write your register number and name on all the work you hand in. Write in dark blue or black pen on both sides of the paper. Do not use staples, paper clips, highlighters, glue or correction fluid.

Answer all questions.

Write your answer in the spaces provided in the Question Booklet. The Insert contains the texts for all the sections.

The number of marks is given in the brackets [] at the head of the section.

For Examiner's use			
Section A / 5			
Section B	/ 20		
Section C	/ 25		
Total	/ 50		

Parent's / Guardian's Signature:	
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This document consists of 10 printed pages and 1 Insert.

Section A [5 marks]

Text 1

Refer to the post	r (Text 1)	on page 2 o	f the Insert	for Questions	1 to 4.
-------------------	------------	-------------	--------------	---------------	---------

access the event's website.

1 Who might find the poster interesting?
Singaporeans who would like to express their gratitude and appreciation of Singapore by making videos about Singapore.
[1]

2 What do the organisers hope to achieve by creating this poster?
They hope to promote the competition / encouraging Singaporeans to participate in it.
[1]
3 How does the table containing information about the prizes support the purpose of the poster?
This will entice Singaporeans [1] as they stand a chance to win cash prizes[1].
[2]
4 How has the organisers made signing up for this competition convenient for interested participants?

They have included a QR code which makes it easy for interested participants to

[1]

Section B

Text 2

"invaded"

Refer to Text 2 on pages 3-4 of the Insert for Questions 5-16.

5 "They had had too much of people, and too much of city hubbub, and even too much at last of the books and papers and the pursuit of ideas which made up their usual lives." (lines 1-3) What is the effect of the repetition of the phrase "too much"? It is to emphasise how fed up/ tired they are of their lives in the city. [1] At the beginning of the text, the young lady was mesmerised by the surroundings. Pick 6 out and write down three expressions from lines 4-9 and explain in each case the characteristic that makes the surroundings mesmerising. (i) "was awed by the craggy perfection of rock upon rock" suggests that her wonderment while looking at the way the imperfections of the rocks made it perfect, "marvelled at the hard cirque of peaks" suggests that she stood (ii) dumbfounded while admiring the mountain peaks. "stood dazed under the intensity of light" suggests that she was (iii) [3] astonished at the intensity of the sunlight. What does the word "knifing" (line 6) suggest about the way the mountain peaks 7 appeared? [1] The mountain peaks appear to be very sharp. "Earlier, in the emerging light of the new day, he sprung from sleep" (lines 12-13). 8 What is the writer trying to tell us about how Allen was feeling? Allen was ready/excited to kick-start the day [1] although it is still dark, and the morning rays had barely began shining [1]. [2] From Paragraph 2, explain fully why Allen "swept one arm in a wide area". 9 He was spreading out the golden world for her view [1], hoping that she would [2] rise and join him on his adventure [1]. Which word in Paragraph 3 suggests that the birds were unwelcomed visitors?

[Turn Over

[1]

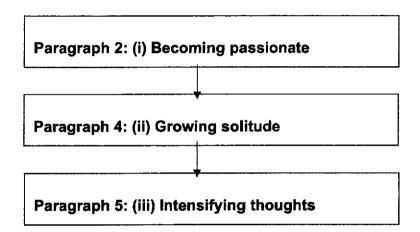
	Paraphrased: she was not sure of a harmless area which could run to in such an unobstructed place.	[2]
	which to hide?	
	From passage: and where in all that openness of land could she find one safe spot in	
15	In your own words, explain why "escape did not seem possible" for Laurie? (lines 53-54)	
	He is trying to create suspense about the character.	[1]
14	In Paragraph 5, the writer uses short sentences to describe the strange man. What effect is the writer trying to create by this?	
	It is unusual as furious refers to an angry state of mind whereas purity refers to something more calm.	[1]
13	What is unusual about the phrase "furious purity" (lines 35-36).	
	She was overwhelmed by loneliness OR overwhelmed by ancient dominance OR She felt quite lost OR it was too hot	[1]
12	From Paragraph 4, give any two reasons why Laurie could not read her book?	
	It highlights how sore his body (arms) are from all the trekking that they could not move smoothly.	[1]
	Why is this comparison effective?	
11	In Paragraph 3, the writer compares the pulling back of Allen's arms to "creaking hinges"	

The structure of the text reflects the main stages in the narrative. Complete the flowchart by choosing one phrase from the box to summarise the main focus of each stage of the narrative. There are some extra words in the box you do not need to use.

Main Focus

Recuperating fr adventures	rom	Anticipating an escape	Becoming passionate
Growing solitude		Escaping from hectic lives	Intensifying thoughts

Flow Chart



[3]

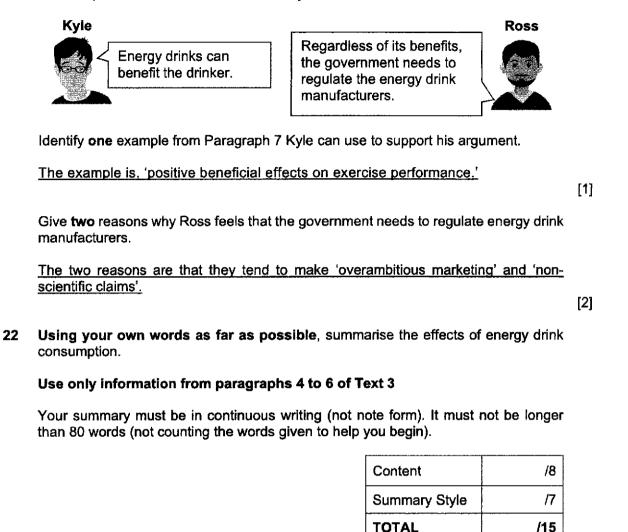
Section C [25 marks]

Text 3

Refer to Text 3 or	pages 5-6 of the	Insert for Questions	17-22.
--------------------	------------------	-----------------------------	--------

(i) According to Paragraph 1, what effect is the energy drink supposed to have on the 17 drinker? [1] It is to provide drinkers with an energy boost. (ii) How is this effect achieved? It is achieved through the combination of stimulants and energy boosters. [1] Which two consecutive words in Paragraph 1 tells us that energy drinks are largely made up of caffeine? [1] The words are, 'major constituents'. How do we know that young people did not use to be the target audience of the manufacturers of energy drinks? Answer in your own words. These companies had only just / newly diverted their attention from atheletes [1] to youths as their potential market group [1]. [2] From passage: Manufacturers recently have shifted their consumer focus from athletes to young people and are aggressively marketing them to teens and young adults. (a) Which word in Paragraph 3 tells you that whether energy drinks are good for our 20 health is debatable? The word is, 'controversial'. [1] (b) Why is it debatable? [1] There are limited comprehensive literature reviews on the issue.

21 Here is part of a conversation between Kyle and Ross.



One of the effects of consuming energy drink may include			
No. of words:	[15		

Answers (Summary)

No.	From Passage	IYOW
1	an increase in heart rate and arterial blood pressure after energy drink consumption.	quicker heart rates and higher arterial blood pressure
2	high energy drink intake may increase the risk of obesity	heightened danger of obesity
3	and type 2 diabetes.	and type 2 diabetes
4	reduce the activity, diversity and gene expression of intestinal bacteria	Impair our intestines
5	the individual also suffers neurological and psychological effects.	afflicted by neurological and psychological effects
6	Individuals usually develop symptoms of caffeine intoxication	show signs of being intoxicated by caffeine
7	high caffeine intake is associated with acute and chronic daily headaches.	linked to severe and prolonged headaches experienced every day
8	demonstrated a strong correlation between caffeine intake and violent behaviour	linked to aggressive conduct
9	as well as conduct disorders.	and behavioural issues

One of the effects of consuming energy drink may include having quickened heart rates and higher arterial blood pressure. Individuals also face a heightened danger of becoming obese and having type 2 diabetes. Consuming too much results in a lessened activity, variety and gene expression of intestinal bacteria. Some may be afflicted by neurological and psychological effects and show signs of being intoxicated by caffeine. There are clear links between ingesting too much caffeine and severe and prolonged daily headaches. It is also linked to violent conduct and behavioural issues. [80 words]